

Country Seed Bread

1 1/4 c water

2 T liquid honey

2 T vegetable oil

1 1/2 t salt

2 c all purpose flour

1 c whole wheat flour

1/4 c flax seeds (or wheat germ)

2 T sesame seeds

1 T poppy seeds

2 t quick-rising instant yeast

Bread Machine: Use ingredients in order, regular loaf setting.